



# How to Develop a Personal Yoga Practice Workshop

Help us anticipate your needs by completing this survey before the workshop and returning it along with your registration form and payment of \$60.

Please mail to: Deborah Di Carlo, 686 Norton Street, Longboat Key, FL 34228

1. Why do you practice Yoga?
2. Describe your practice.
3. What prevents you from having the practice you would like to have?
4. What would you most like to learn at this workshop?

Name:

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Mailing Address:

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Phone Number:

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Email Address:

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