



ROSEMARY COURT  
WELLNESS CENTER  
810 CENTRAL AVE.  
SARASOTA, FL 34236



# IYENGAR YOGA CLASSES

## EARLY FALL SCHEDULE

DEBORAH DI CARLO, RYT  
CERTIFIED IYENGAR YOGA INSTRUCTOR

SUSAN MARCUS, RYT  
CERTIFIED IYENGAR YOGA INSTRUCTOR



ROSEMARY COURT WELLNESS CENTER  
810 CENTRAL AVE.  
SARASOTA, FL 34236  
WWW.ROSEMARYCOURT.COM

Deborah's phone number:

941-538-2238

Deborah's email address:

deborahd@iyengaryogasarasota.com

Susan's phone number:

941-928-7019

Susan's email address:

smarcus56@verizon.net

Iyengar Yoga Sarasota web site

www.iyengaryogasarasota.com

### Level 1 Iyengar Yoga Session (7 weeks)

Monday, August 23rd, 2010 through October 11th, 2010

From 5:30 to 7:00 PM

Taught by Susan Marcus

No class 9/3 (Labor Day)

### Level 1 Iyengar Yoga Session (8 weeks)

Tuesday, August 24th, 2010 through October 12th, 2010

From 8:00 to 9:30 AM

Taught by Susan Marcus

### Level 2 Iyengar Yoga Session (5 weeks)

Wednesday, September 1st through October 13th

From 5:15 to 6:45 PM

Taught by Deborah Di Carlo

### Level 1 Iyengar Yoga Session (7 weeks)

Thursday, August 26th, 2010 through October 14th, 2010

From 8:00 to 9:30 AM

Taught by Susan Marcus

No class 9/9 (Rosh Hashanah)

### Introductory Iyengar Yoga Session (8 weeks)

Saturday, August 28th, 2010 through October 16th, 2010

From 11:00 AM to 12:30 PM

Taught by Deborah and Susan

Beginners are encouraged to register for all 8 weeks

Drop-in rate \$14.00. Purchase a 7/8-week session pass for \$70/\$80.

Go to [www.rosemarycourt.com](http://www.rosemarycourt.com) to register and pay for classes.

As a courtesy to the instructor please pre-register.